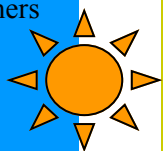


A JOURNEY INTO MAGIC AND TRANSFORMATION IN GREECE

With Brown Belt Nia teachers
Irena Brezenski
and
Kate Finlayson



Rosy's Little Village
Agistri, Greece
www.rosyslittlevillage.com
www.agsitrigreece.com



OCTOBER 10–17, 2009



**KATE AND IRENA
OCTOBER 2008**

**\$849 per person double
occupancy**

2 Nia classes a day

**Room with sea view and
breakfast**

**Airfare and Transfers not
included**

\$250 deposit

Balance due July 1st, 2009

No refunds after this date.

Contact Irena for information at
919 599-2355

or

irena@globalnia.net

www.globalnia.net

**Ask me about my power point
presentation**

Give yourself the gift of immersing yourself in Joy. This will be the 4th time we will return to Agistri to dance right by the waters of the Mediterranean Sea. Breathtaking views surround you while your body is in natural rhythm with the waves.

Agistri will offer you plenty of opportunities to enjoy it's beauty through hiking or renting a moped and visit remote beaches.

The island of Aegina is only a 15 minute ferry ride away, a place for shopping, visiting the temple of Aphia or have lunch in it's bustling harbor.

Daytrips to Poros or Hydra can be organized for the individual or as a group. After days like this it is

wonderful to return to the quiet life on Agistri and the warm hospitality and care of Rosy and her family who will cook and serve you delicious meals many of them prepared with local ingredients.



**THE LAST EVENING
WE DRESS UP LIKE
GODS AND
GODDESSES AND GO
TO LIMENARIA
WHERE WE DANCE
WITH THE LOCALS TO
LIVE MUSIC!**